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*The following is not part of your Health Care Power of Attorney or other estate planning documents. We recommend that you consider and discuss these issues with your health care agent and immediate family.*

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### THESE ARE MY BELIEFS AND VALUES ABOUT MY HEALTH CARE

I want you to know these things about me to help you make decisions about my health care:

1. My goals for my health care:
2. My fears about my health care:
3. My spiritual or religious beliefs and traditions:
4. My beliefs about when life would be no longer worth living:
5. My thoughts about how my medical condition might affect my family:
6. (For a woman of childbearing age) My thoughts about how my health care should be handled in the event I am pregnant:
7. My preferences for where I would like to live to receive health care:
8. My thoughts for where I would like to die and other wishes I have about dying:

### THIS IS WHAT I WANT AND DO NOT WANT FOR MY HEALTH CARE

Many medical treatments may be used to try to improve my medical condition or to prolong my life. Examples include artificial breathing by a machine connected to a tube in the lungs, artificial feeding, or fluids through tubes, attempts to start a stopped heart, surgeries, dialysis, antibiotics, and blood transfusions. Most medical treatments can be tried for a while and then stopped if they do not help.

I have these views about my health care in these situations:

1. If I had a reasonable chance of recovery, and were temporarily unable to decide or speak for myself, I would want:

2. If I were dying and unable to decide or speak for myself, I would want:
3. If I were permanently unconscious and unable to decide or speak for myself, I would want:
4. If I were completely dependent on others for my care and unable to decide/speak for myself, I would want:
5. In all circumstances, my doctors will try to keep me comfortable and reduce my pain. This is how I feel about pain relief if it would affect my alertness or if it could shorten my life:

**Please discuss with your attorney if you would like your answers to any of the forgoing to be incorporated into your health care power of attorney.**

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ATTORNEYS & COUNSELORS AT LAW